

Self-Reflection

Rate your study habits on a scale from 1 to 5.

1 = Never

2 = Seldom

3 = Sometimes

4 = Often

5 = Always

1. I read the textbook.
2. I make a note of questions to ask in class.
3. I watch the video lectures.
4. I take notes when I watch the video lectures.
5. I read the 'Advice' documents on the blog.
6. I am engaged in class discussions.
7. I review my notes at night.
8. I study with classmates.
9. I come in for extra help.
10. I seek other sources of help (websites, tutor, etc.)

Determine your total score.

If you are uncomfortable with your performance in the class and your score is between 41 and 50, please see me after class.

If you are uncomfortable with your performance in the class and your score is less than or equal to 40, try steps 1 through 10 and you should see improvement.